

Section 3 FURTHER INFORMATION

If you do not want yourself or your child/children to be in photos promoting the Club, please tick here		<input type="checkbox"/>
How did you hear about The Sundridge Park Club's coaching programme?		
Sport (Tennis/Squash)		
Coach		
Day	Time	
Date of first lesson to pay for		

Section 4 PAYMENT OF FEES & SIGNATURE

All fees are collected by Direct Debit

I have completed the Direct Debit mandate	<input type="checkbox"/>
OR	
I already have a Direct Debit mandate set up	<input type="checkbox"/>

I have read the procedures for the Sundridge Park Club Coaching Programme and understand that it is my responsibility to let the Club know if I do not wish to renew the course.

I agree to the terms and conditions in full including any membership requirements.

Please sign below. If signing for Junior coaching, signature must be that of parent/guardian as on this form.

Signed
Date

FOR OFFICE USE ONLY	
ClubSys	<input type="checkbox"/> _____
Invoice raised	<input type="checkbox"/> _____
Feedback	<input type="checkbox"/> _____



The Sundridge Park Club is a not for profit organisation owned by its members and dedicated to providing sporting facilities to the local community.

OUR FACILITIES INCLUDE

- Comfortable clubhouse
- 7 all-weather floodlit clay tennis courts
- 4 partially floodlit tarmac tennis courts
- 8 grass tennis courts
- 4 squash courts
- Showers and changing rooms
- Bar and social area

- Beginners welcome - adults or children
- Classes for all - 7 days a week
- Holiday activities for children

Lawn Close
Garden Road
Bromley BR1 3NA
Phone: 020 8464 9106
Email admin@spltsrc.co.uk
www.thesundridgeparkclub.co.uk

THE
SUNDRIDGE PARK CLUB
TENNIS & SQUASH

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Coaching for Adults & Children



Welcome to The Sundridge Park coaching programme

We aim to help you improve your tennis and squash by making your lessons fun and enjoyable.

The benefits of coaching are many and apart from the aim of improving your game it provides an opportunity of meeting new people in a friendly and social atmosphere. It also helps in developing a healthy lifestyle.

For children it is a lifetime skill that they can take forward in later life, even if they stop for a while.

Our coaches meet regularly to discuss the programme and discuss whether it would be of benefit to advise you or your child to move to a more suitable group. We aim to be able to offer a structure that offers a route for all to progress from beginner to advanced and above.

If you feel we have not carried out something that we should have done, or could improve on some aspects, then please do let us know and we will try and put it right.

When you have read this leaflet and you are happy to join the programme please complete the application form. You should also complete the Direct Debit form unless the Club already has one from when you joined as a member.

Membership requirements

Adults

Adults do not need to join the Club and certainly rusty racket adults are likely to be keen to get back into playing before joining. So, there is NO requirement but there is a small surcharge per lesson.

For Tennis - as well as full membership, we offer a midweek membership up to 4pm at a very reduced rate, so with the savings on the surcharge, it makes a very attractive package.

For Squash - as well as full membership, you can join off-peak which allows members to book weekday courts up to 6pm and all-day Sundays.

We also offer couples a 15% discount, and there is a family membership available for two adults and unlimited children under 19. The rates for 19 to 28-year-olds are between 33% and 38% of the full adult cost.

We welcome all those on the coaching programme to join the Club when ready.

Juniors

Junior members can play and book both squash and tennis courts.

Mini tots – no membership requirement.

Mini tennis red and U8 junior squash – A membership fee of £10 is added to your termly coaching invoice – unless you are already a family member.

Juniors who are 8+ do require a membership - but they will have at least six weeks to try out the coaching programme before we ask them to become members.

Court booking fees

There are no court fees for squash. For tennis you only pay if using floodlights

Parents

For parents of children who are 5+ years old, a parent needs to be a social coaching member. (This is not necessary if already a playing member). This membership allows the parent to play with their child on either the squash courts or tennis courts. You can book the courts 48 hours in advance. You can book up to 6pm weekdays and after 3pm Saturdays. You can book all day Sunday. We hope you will take advantage of this as it is important that your children play as well as being coached. You are also able to use the bar and will receive all updates from the Club.

Payment arrangements

We take all payments by Direct Debit as this minimises all our administration. Payments are per term – summer, autumn and spring. You can split your payments over two consecutive months if you prefer. Please let us know each term if you want to do this. We usually take the money just before or during the first week of a new term. The actual date will be on the invoice.

Renewals

Towards the end of each term you will receive a letter from us telling you the dates of the new term, along with the costs and any news and information about events you might like to take part in.

You will then be sent an invoice for the following term which will also tell you the date the money will be taken out of your account. You only need to respond if you are not wanting to renew or you wish to change days or coaches. The renewal will otherwise be automatic.

Injury/illness policy

If you or your child has a prolonged illness or injury, we do not refund the first four weeks from when you inform the office. We will credit anything you have paid in advance beyond this, up until you or your child come back to the lesson. We will reserve the space in the same group during this time.

Cancellation

If you wish to stop coaching, we ask you to complete the term. You get your first lesson free so you can decide if this is something you want to try before you commit. If, for some reason, you do not like the group you are in or other commitments come along then we can normally offer you alternatives before you decide you do not wish to continue.

Bad weather

Adults

Any decision to cancel a lesson is the Club's and is taken 30 minutes before the lesson. The coach will be able to let you know if the decision is to proceed. Unfortunately, circumstances may dictate that it may still be cancelled. A full refund will then be given.

If a lesson is cancelled after 15 minutes, then no refund will be given but additional time will be added to other lessons where possible.

If the daytime groups want to arrange with the coach that you play racketball instead so that there is no rained off lessons and that you know you should come down whatever then there will be no refund. It will be up to the group to decide whether this is to be the case. Your tennis coach will discuss this with you.

Juniors

The club operates a wet weather programme. In other words, the lessons are on whatever the weather. The groups will use the squash courts and a variety of activities will take place. All will involve a skills-based approach that is relevant to tennis. The squash courts will be used and it may involve racketball, table tennis, tennis-related fitness, mini tennis red and other activities. In this way your children can know it is on and take part in some activity, along with meeting friends and trying out different sports.

In some classes there will not be a squash court available and full refunds will be given. The classes will be told this and it will apply for the whole term. You will be informed of this if it is applicable to your child.

How do you get the refund?

Any refunds are given at the end of the term and issued as a credit note. The credit note will list all the lessons that have been officially rained off. The credit amount will be set against the invoice for the following terms lessons and the balance will be taken from your account.

If not renewing, the money will be transferred to your bank account.

Viewing your account

All members can view their account online so you can see any invoice, why money was debited, or you can see if the credit note has been allocated.

Go to the Club website > Members > Book a Court > My Details > Account Details



Please complete this form in CAPSALS

COACHING REGISTRATION FORM

Section 1 ADULT COACHING

Title Mr/Mrs/Miss/Ms (please circle)
First Name
Gender
Surname
Date of Birth
Address
Postcode
Tel Home
Tel Work
Tel Mobile
Email (please print address clearly)

Please go to Section 3

Section 2 JUNIOR COACHING

Child's First Name
Gender
Surname
Date of Birth
Medical Problems (asthma, allergies, etc)
Full Name of Parent/Guardian
Mr/Mrs/Miss/Ms (please circle)
Address
Postcode
Tel Home
Tel Work
Tel Mobile
Email (please print address clearly)